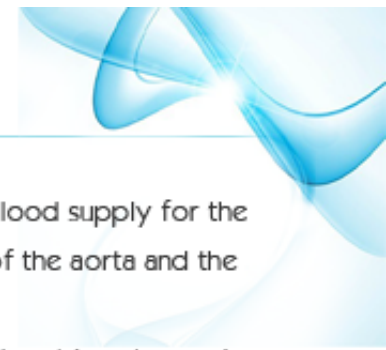


CARDIOVASCULAR STEM CELL TREATMENT



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Diseases of the heart are called cardiovascular disease. The heart is not like any other muscle in the body. It needs oxygen and an adequate blood supply for the proper functioning. In addition to other parts of the body, it also pumps blood to coronary arteries. These arteries originate from the base of the aorta and the branch out along the surface of the heart.

Heart failure: Heart failure does not mean that the heart stops beating. This disease also sometimes called congestive heart failure, means the heart is not pumping blood the way it should. The heart keeps working but the body's need for blood and oxygen is not being met. If not treated, heart failure can get worse. It is very important to seek medical help as fast as possible if your loved one has heart failure. You should follow your doctor's advice.

Arrhythmia: An abnormal rhythm of the heart is termed as Arrhythmia. There are various types of arrhythmias. The heart can beat too slow, too fast or irregularly. Bradycardia is when the heart rate is less than 60 beats per minute. Tachycardia is when the heart rate is more than 100 beats per minute. An arrhythmia can affect how well the heart works. The heart may not be able to pump enough blood to meet the body's needs.

Heart valve problems: When heart valves do not open enough to allow the blood to flow through as it should, it's called stenosis. When the heart valves don't close properly and allow blood to leak through, it's called regurgitation. When the valve leaflets bulge or prolapse back into the upper chamber, it's a condition called mitral valve prolapse. When this happens, they may not close properly. This allows blood to flow backward through them. Discover more about the roles your heart valves play in healthy circulation. Learn more about heart valve disease.

Many people with heart muscle disease, or cardiomyopathy, have no symptoms or only minor symptoms, and live a normal life. Other people develop symptoms, which progress and worsen as heart function worsens.

Symptoms

Symptoms of cardiovascular disease may occur at any age and may include:

- Chest pain or pressure (occurs usually with exercise or physical activity, but can also occur with rest or after meals)
- Heart failure symptoms
- Swelling of the lower extremities
- Fatigue
- Fainting



Some people also have arrhythmias. These can lead to sudden death in a small number of people with cardiomyopathy.

Chest pain which is different from angina (chest pain caused by coronary artery disease); it may be sharp and located in the center of the chest. The pain may radiate to the neck and occasionally, the arms and back. It is made worse when lying down, taking a deep breath in, coughing, or swallowing and relieved by sitting forward.

- Low-grade fever
- Increased heart rate
- Limited ability to exercise
- Lack of energy
- Shortness of breath (difficulty breathing during normal activities; you may notice this most when you are doing your normal daily activities or when you lie down flat in bed.
- Weakness or dizziness
- Discomfort in your chest; you may feel a pressure or weight in your chest with activity or when going out in cold air.
- Palpitations (this may feel like a rapid heart rhythm, irregular heartbeat, skipped beats, or a flip-flop feeling in your chest.)


Diagnosis

In case of heart failure, the doctor may perform a series of tests to figure out the cause and severity of heart failure. These include:

Blood tests: These look at the health of your kidneys and thyroid gland. They also check your cholesterol levels and whether you have anemia, when you don't have enough healthy red blood cells.

B-type natriuretic peptide (BNP) blood test: BNP is a substance your body produces when heart failure develops. The level of BNP in the blood increases when heart failure symptoms worsen, and decreases when the heart failure is stable. The BNP level in a person with heart failure — even someone whose condition is stable — may be higher than in a person with a healthy heart.

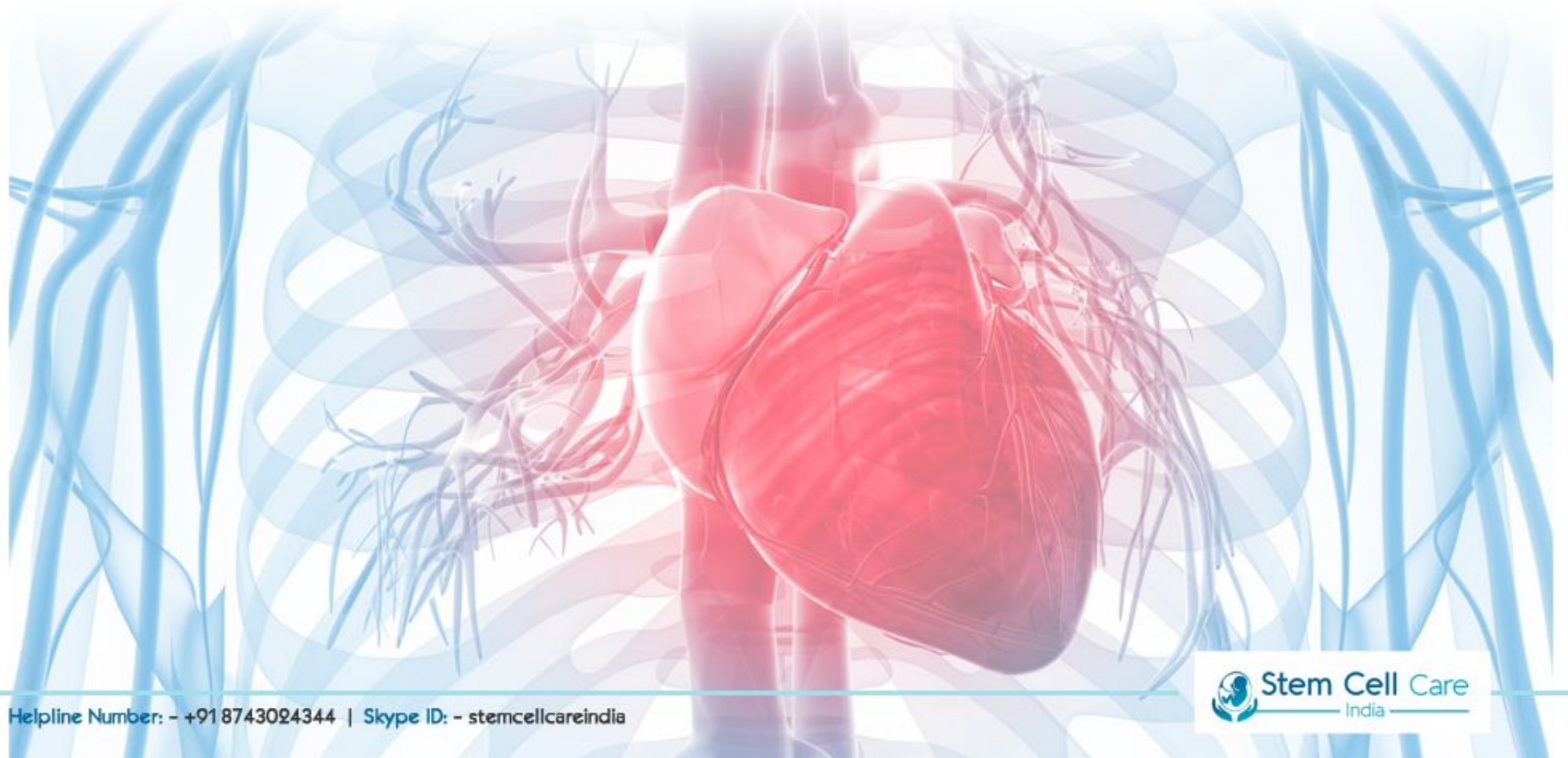
Chest X-ray: This shows the size of your heart. It also lets your doctor know if fluid is built up around the heart and lungs.



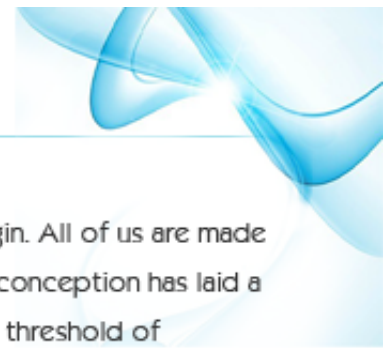
Echocardiogram: This test, often called an “echo,” shows your heart’s movement. During an echo, a wand is placed on the surface of your chest. This wand sends ultrasound waves that show pictures of the heart’s valves and chambers. Those pictures allow your doctor to look at the pumping action of your heart. Echo is often combined with tests called Doppler ultrasound and colour Doppler to check blood flow across the heart’s valves.

Your doctor will also want to know your ejection fraction, or EF. This is a measurement of how much blood is pumped out of the heart with each heartbeat.

Ejection Fraction (EF): A normal EF is between 55% and 75%, which means that over half of the blood volume is pumped out of the heart with each beat. Heart failure may happen because of a low EF (your doctor may call it systolic heart failure), or from another cause, like valve disorder or from diastolic dysfunction (the heart’s inability to relax). People with diastolic dysfunction can have a normal EF.



ABOUT STEM CELL



Stem cells are a fundamental part of life formation...We, humans are polymorphic characters with diverse shapes, sizes but with the same origin. All of us are made by the blending of two cells called the "ovum" and the "sperm cells". Thus only two cells are accountable for forming a whole organism. This conception has laid a foundation for the terrific era of "Regenerative Medicine". In this era, due to the enormous progressions in the cellular biology, we are on the threshold of reconnoitring "Biological solutions to Biological problems". These stem cells are unspecialized cells with an astonishing aptitude to self-renew and are adept of segregating into tissue specific cells of the body. When called for an action by the body at the time of damage these cell undergo division giving rise to one daughter cell and one ancestor cell which is an transitional committed cell type formed before it completely segregate into specific cell type. Stem cells are classified by their potential to separate into other types of cells. The cataloging includes:

TOTIPOTENT : the aptitude to segregate into all possible cell types. Specimens are the zygote formed at egg fertilization and the first few cells that arise from the division of the zygote.

PLURIPOTENT : the aptitude to segregate into practically all cell categories. Specimens include embryonic stem cells and cells that are derived from the mesoderm, endoderm, and ectoderm germ layers that are formed in the commencement stages of embryonic stem cell differentiation.

MULTIPOTENT : the aptitude to segregate into a closely related family of cells. Specimens include hematopoietic (adult) stem cells that can become red and white blood cells or platelets.

OLIGOPOTENT : the aptitude to segregate into a few cells. Specimens include (adult) lymphoid or myeloid stem cells.

Types of Stem Cell

Stem cells can self-renew to make more stem cells or differentiate to form specialized cell types such as muscle cells, skin cells, nerve cells and fat cells. When a stem cell divides, three different cell types are formed having unique characteristics. Embryonic stem cell, Tissue or Adult stem cell, Induced pluripotent stem cell (iPSC)

Embryonic stem cells and adult stem cells have different abilities in the number and type of specialized cell types they can become. While embryonic stem cells can become many different types of cells in the body because it is pluripotent, adult stem cells can differentiate to form different cell types of the tissue of their origin only.



Induced Pluripotent Stem Cells (iPSCs) are genetically reprogrammed to express genes and factors vital for sustaining the unique properties of embryonic stem cells.

Why Mesenchymal Stem Cell

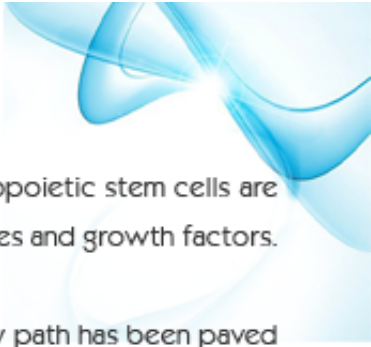
Umbilical cord tissue epitomizes a unique, straightforwardly accessible and noncontroversial source of initial stem cells that can be willingly manipulated. Studies that have equated the properties of mesenchymal stem cells derived from cord tissue with those derived from adult sources (such as bone marrow) have exemplified some vital differences:

- Cord tissue: derived mesenchymal stem cells seem to lack some immune suppression properties equated with adult mesenchymal stem cells.
- Cord tissue: derived mesenchymal stem cells lack class II HLA, while adult mesenchymal stem cells express these antigens. This might be chiefly imperative in enabling the acceptance of transplanted mesenchymal stem cells.
- Cord tissue: derived mesenchymal stem cells also express an array and level of particular cytokines that are diverse from those expressed by adult mesenchymal stem cells.

Thus, as immature cells, mesenchymal stem cells extracted from cord tissues have better therapeutic potential than adult cells. Studies have also revealed that cord tissue i.e. derived mesenchymal stem cells seem to have superior in-vitro capacity for extension and shorter magnifying times; they can thus generate a bigger cell mass in fewer time than can be attained with adult stem cells. This property might be related to greater length of chromosomal telomeres, which have been found to condense with augmented rounds of cell division. This advocates that primitive mesenchymal stem cells have a greater aptitude to enlarge in culture than do adult mesenchymal stem cells, possibly owing to their relative youth.

The promise and science of stem cells

Stem cells have three unique qualities which make them important for normal deterioration of the body. First, they are undifferentiated cells adept of giving rise to any tissue specific cells. Secondly, they are capable of lengthy self-renewal having limitless life span and thus upholding their number intact. Thirdly, they are able to elicit secretion of certain hormones and growth factors at the location if injury to enable damage repair.



These cells are able to regenerate damaged organ systems of the human body via formation of new cells within the system itself e.g. hematopoietic stem cells are adult stem cells refilling all blood cells. These stem cells hasten the production of blood cells by creating microenvironment beset with hormones and growth factors. Thus, in other words, stem cells are promising contenders for 3R's i.e. Repair, Regenerate and Rejuvenation.

For quite some time, scientists have examined the role these stem cells play in renewing the tissues of those systems. In the last decade, new path has been paved for the individuals who have lost hopefulness with the conventional treatment for hazardous and incapacitating diseases. Scientists have been able to derive stem cells in the laboratory that are not particular to specific organ systems. These stem cells are secluded from your own body to decrease the probabilities of rejection and other opportunistic infections after again putting back into your body. With the great relocation and homing capacity, these cells live in the targeted region to start the procedure of regulation.

Adverse Reaction

We comprehend that patients might have apprehensions about adverse reactions to the treatment. Possible side-effects of stem cell therapy may differ from individual to individual; any complications depend upon the type of processes you are undergoing.

Side-effects experienced by our patients are consistent with predictable reactions for routine IV and LP injections. The most common reactions to the treatment are fever, headache, diarrhea, leg pain, vomiting and allergic reactions. Less than four percent of patients experience any of these signs.

The most common reactions to the stem cell treatment are:



How do our stem cells work?

Stem cells, called the 'future of medicine' have remarkable qualities besides being the potential contenders for treating many fatal diseases. This unique quality of stem cells have left us to wonder "How can a group of cells; plunging from a single original cell is used to treat ailments?" Well, the answer lies in the mechanism of how stem cells work! Though the science does not have a thorough answer to this query, but surely it has a justification. There are lots of proofs from the gathered research and clinical data that these are the creator cells i.e. they have the ability to develop most of the cells of the body.

They are indistinguishable cells lying inactive in the body. At the time of wound, these cells are triggered by the convoluted molecular machinery and signaling mechanism, which will control their fate. In addition to being segregated to specialized cells thus renewing a tissue; these cells also function as bricks. Bricks those are adept of excreting certain signals that bring the brick mason and general contractor to the overhaul. This phenomenon is called as peregrine effect. With the assistance of cell to cell signalling, these cells secrete certain chemicals such as growth factors, hormone, cytokines which act as regulatory devices to arrange the repair job. Intrinsic messaging between stem cells is fundamentally a key to activate sequence of cellular pathways thus mending the cells and acting as a stimulant to replace impaired cells. Thus giving rise to the most imperative advantage of stem cells i.e. 3R's i.e. regeneration, repair and rejuvenation.

Though stem cells are trivial, but they are indeed very smart...

How and where is the therapy done?

You have taken the right decision of getting treatment done at StemCellCareIndia and so you will be informed about the time and date on which you have to meet our representative. Our representative will take you to the expert at the hospital for a thorough consultation after which you might undergo radiology and/or pathology tests if mandatory. Once the test outcomes are back, the specialist will discuss your treatment modalities in depth. You are cheered to ask as many queries as you want to; feel entirely confident not just about the treatment but also about the surgeon and the hospital. All the treatments will be done under the medical investigation of the most amazing healthcare specialists such as neurologists, anaesthetists, neurosurgeons, cardiologists, orthopaedic doctor, radiologists and paediatricians. The hospitals are of topmost standards and a devoted team of exceedingly skilled physicians, patient counsellors and nurses looks after the patients. Furthermore, we offer other facilities for our outstation patients like travel help, hotel booking, transport, visa support etc.

Exclusion Criteria

- Hemoglobin below or equal to 10
- Patients with inherited blood disorders
- Denial to offer signed informed agreement
- Patient had medical surgery within six weeks before treatment initialization
- Pregnant or breast feeding females
- Severe cachexia and malnourishment
- Patients with negotiated immunity
- Positive serology for other communicable ailments.

Inclusion Criteria

- 18 years and older; If less than 18, parental sanction is needed
- Patients without chronic ailment
- Patient providing written agreement to receive treatment

The whole medical process at SCCI involves 4 steps:

- Gathering of Umbilical Cord Tissue & Maternal Blood
- QC Testing (Infectious ailment screening + Sterility Testing)
- Processing of Mesenchymal Stem Cell — P2 Final Product
- Stem cell implantation
- Post treatment care

Stem cell therapy is executed consistent with the ideologies of good manufacturing practice together with the most cutting-edge technologies and the finest medical standards that are available. The hazards associated with the adult stem cell therapy are almost insignificant. The therapy embraces the use of patient's own cells so the risk of rejection merely does not exist, which might be conceivable in case if a donor is used. Contingent upon the assessment the source of stem cells will be decided. It can either be bone marrow or adipose tissue. In some particular cases, we can offer stem cells gained from both the sources but the decision will exclusively be taken by the treating surgeon.

Quality standards

We run each client a Third Party Certificate (from a globally accredited lab) for the cell count and feasibility of the cells that we process from the allergenic mesenchymal stem cell certificate of Analysis (COA).

It is now a recognized fact that by harnessing the healing power of stem cells, it may be able to reverse impaired tissues back to normal function. With this in mind, StemCellCareIndia has embarked on a mission to cultivate safe and effective protocols for therapeutic applications, thus making widespread stem cell therapy accessible and economical, with a high success rate to improve the quality of life, for those in need.

All batches of stem cells at StemCellCareIndia undergo final testing before they are sanctioned for clinical application. During this procedure, they are tested for potency by cell counting and feasibility assessment. The purity of the stem cells is confirmed by differentiation assay, sterility testing and testing for the presence or absence of CD markers. The comprehensive quality control assessment also takes account of tests for mycoplasma, endotoxins and karyotyping. Once the stem cells are believed to be safe, each unit is considered fit-to-be out for therapy.



Stem cell implantation

Stem cells can be implanted in following ways such as:

- Intravenous Administration
- Intrathecal Administration (Lumbar Puncture)
- Intramuscular Administration
- Intra-arterial Administration via catheter
- Intravitreal Infusion
- Retrobulbar Infusion of cells
- Liberation Angioplasty for Multiple Sclerosis CCSVI
- Intra-Dermal Administration

Postoperative care

The stem cell therapy does not damagingly affect patients in any way. Generally, the patients are permitted to leave after few hours after the completion of the stem cell treatment. A 24-hour patient hotline number is there for any inquiries after their discharge. The concerned physicians or surgeons of the clinic also stay in contact with their corresponding patients through telephone or email. By doing this, they can get the precise feedback about their progress and also suggest further recovery if required. Say for example, in case of a diabetic patient, after hearing about the patient's present symptoms, the concerned doctor can recommend the needed dosage of insulin.

Treatment disclaimer

It is an imperative fact to comprehend that stem cell treatment in every prospect has the ability to diminish symptoms of numerous diseases. It also has the aptitude of ceasing several degenerative procedures, but one should also know that this treatment may not work for all kinds of patients. StemCellCareIndia does not have the right of forecasting or warranting the success of this treatment.

In harmony to the current condition of a patient, the medical team of StemCellCareIndia might propose the stem cell transplantation or may even withdraw the treatment under abnormal situations. However, in any case, the approval of the patient is a must. Keeping the patient's current health condition and unforeseen health hazards in mind, the medical staff might propose an alternative stem cell transplantation process. In exceptional situations, they may entirely cancel the treatment.





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