

# Feel Fit









### **Overview**



The average life expectancy of the individuals has noticeably witnessed to be increased since 1978 to 2018 from 70 years to 80 years. This can be accredited to a more incline approached towards the active lifestyle, healthy eating habits accompanied with the medical and technological advancements.

In today's era, looking good and eye-catching continues to be the prime trend that helps maintain one's persona. Some of the reasons why these trends still exist are because of the mature, baby boomer generations. Today's younger generation consider that when you are fit bodily and mentally, you look better, feel fit and try to concede the nature and science with more meaning and appreciation. For that matter, as the populace in the developed countries age; females and males are increasingly under the pressure to maintain their youth. With the dawn of retirement age, the interest for a lot of cosmeceutical products and their claimed aptitude to augment person's appearance; upsurges naturally. Stem cell treatment for feel fit to revive and rejuvenate life of individuals.

Youthful, radiant appearance of your skin is the chief indicator of your age. Thus, instantaneous outcomes are expected, when it comes to the facial skin care, from the principal manufacturer of cosmetic products. These anticipations are far beyond, only the prevention and appearance of wrinkles, but horde of other concerns such as skin texture, imperfect pigmentation, skin springiness, etc. Feel fit stem cell treatment in India provides cure to skin conditions.

### **Symptoms**

Skin lesions, such as benign tumours, develop. The skin has a rugged texture. The skin becomes more porous due to the flattening of the area where the epidermis and dermis (the skin layer under the epidermis) meet.

The skin bruises rapidly due to thinner blood vessel walls, and the skin gets slack as age increases. The skin loosely hangs up due to a loss of skin elastic tissue (elastin).

As the epidermis thins, the skin becomes more transparent (surface layer of the skin).



- Age
- Depression
- Not Enough Recovery Time
- Stress:
- Environmental Factors

## Diagnosis



When you feel bloated, overweight, or lethargic, these are signs that your body is asking you to get healthy and start exercising. Fitness is more than a requirement; it is the foundation of life. To be effective, one must lead and live a happy and safe life. This and even more is available with stem cell therapy for feeling fit. In Delhi, there are a range of reputable stem cell clinics where you can feel and look your best.

### **Adverse Reaction**

We comprehend that patients might have apprehensions about adverse reactions to the treatment. Possible side-effects of stem cell therapy may differ from individual to individual; any complications depend upon the type of processes you are undergoing.

Side-effects experienced by our patients are consistent with predictable reactions for routine IV and LP injections. The most common reactions to the treatment are fever, headache, diarrhea, leg pain, vomiting and allergic reactions. Less than four percent of patients experience any of these signs.

#### The most common reactions to the stem cell treatment are:

Fever Headache Leg Pain

Diarrhea Vomiting Allergic reactions





### **Treatment Procedure**



The Stem Cell Care India offers a very safe and non-invasive treatment protocol and procedure. The patients can travel the next day. The following is the day-wise schedule for the patients.

#### Day 1-

- •Pick up from the Airport to the Hospital
- •Interaction between Dr and Patient, to clear all their doubts at that time
- Admission procedure
- •Clinical examination & Lab test will be done prescribed by the doctor

#### Day 2-

- Stem cell Procedure
- Supportive therapies
- Physiotherapy

#### **Day 3-**

- Supportive Therapy
- Physiotherapy
- Discharging formalities
- Drop back to the Airport

### **International Patient Facilities**

Quote/treatment plan
Complimentary airport pick up
Scheduling of all medical appointments
Cost estimates for anticipated treatment







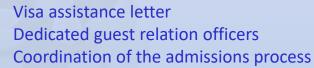
















### **Treatment**



The majority of the cases of AMD involve the slow-developing type of AMD, called dry AMD. Currently, as of 2020, there are no treatment options available for dry AMD, but some promising new therapies are in it. The slow-developing form of AMD, called dry AMD, constitutes the majority of AMD cases. There are no treatment options currently available for dry AMD as of 2022, but some exciting new treatments are in the pipeline.

For all aspects of medicine today, including multiple cases of cancer, as well as for dry AMD, stem cell treatment is gaining momentum. The aim of stem cell treatment for AMD is to be able to replace retinal cells that have been damaged or killed by symptoms with new stem cells.

Stem cells are also inserted, through IV infusion, into the blood supply of the body. But, experts are focusing on how the stem cells can be transplanted directly into the eyes. One strategy involves placing the stem cells into a fluid suspension that can be injected under the retina

We use the unique technology of Mesenchymal stem cells extracted from Wharton's jelly (WJ) for treating MS. WJ-MSCs offer remunerative and budget friendly favorable treatment for tissue engineering purpose. An optic nerve stem cell regeneration aids this and more. They might help in the three peculiarly prominent ways – prevent damage, repair damage and develop new medicines.

The treatment will take place in multiple steps comprising of the following.

- •Qualification for the treatment: Our experts will assess all your past medical history and symptoms to examine and correctly judge the severity of your condition. A series of tests will be performed to gain a knowledge of the stage of disease. As per the test results, our experts will counsel the patient for further process of the procedure.
- •Source Extraction: With guidance and approval from the physician, the source of extraction will be decided. In general, WJ-MSCs are the most potent allogenic sources available. Stem cells from a healthy person (the donor) are transferred to the patient's body. A bone marrow donor is considered for allogenic stem cell transplantation. A scraping from the inside of the patient and his or her sibling's cheek is tested to determine tissue type. An expert will examine to identity Human Leukocyte Antigens (HLAs). If the HLA on the donor cells are identical or similar, the transplant is more likely to be successful. Stem cell for optic nerve atrophy is promoted to aid patients suffering from similar kind of ailment.
- •<u>Laboratory Processing:</u> The extracted samples will be sent to government approved cGMP laboratory for processing. The sample manipulation will take place in a state-of-the-art facility in compliance with the ISO and GMP standards and using the latest technologies. The client will receive a third party certificate from an internationally accredited lab for quality purpose. An optic nerve stem cell therapy provides just that and more.
- •<u>Stem Cell Implantation</u>: Once the stem cells are ready to be implanted, the doctor will identify the most potent method of infusion based on the patient's physical and mental well-being. The only limitation of the allogenic stem cell treatment is that this procedure carries the risk of developing Graft vs. host disease (GVHD), wherein the patient's body rejects the donor stem cells. Human leukocyte antigens (HLA) can help minimize the risk of any side effects. In this procedure, the HLA of the patient and the donor are primarily matched as closely as possible.

<u>Stem cell treatment Aftercare:</u> The patients will be asked to visit the doctors for evaluation. You will be provided counselling for speedy recovery and also kept on check to ensure that no side effects affect the human body.



Stem cells can help restore the weakened retina and can contribute to a complete halt in the process of loss of vision, thus enhancing the general quality of life of humans. The new doors to the cure and changes in Macular Degeneration patients have been opened through Stem Cell Therapy.

Program for Stem Cell Therapies to treat multiple diseases. Each patient receives 200-300 million stem cells during the stem cell procedure. Not only does the sum of stem cells compensate everyday losses, but it beats them by a million times. The stem cell source, which has basically been missing for the last 15 to 20 years, is thus retrieved and revived. Different organs get rejuvenated following our stem cell injection, and they get revived when the new and activated stem cells replace the old ones fully.

Introduced into the retrobulbar space, stem cells may start to work on damaged tissue and begin to rejuvenate the optic fibers and retinal cells. Photoreceptors and other cells can be differentiated from mesenchymal stem cells. It is possible to use segregated stem cells to treat tumors in the macular and retinal cells.

- There are three stem cell classes that vary, based on their position in the body and their potency (the ability to develop in different cell lines). Ophthalmologist performs experiments on both of these classes. Embryonic stem cells (ESCs) are cells that are found at an early stage of development in the inner cell mass of an embryo. ESCs are pluripotent, meaning that in the course of growth they will become any cells.
- Fetal stem cells. Following an abortion or from cord blood, this community of cells is removed from the fetus. Fetal SCs have greater functionality than adult SCs and are pluripotent. Such cells exhibit increased recovery rates of photoreceptors and are capable of sustained doubling during cultivation. Their use, however, is often synonymous with ethical concerns. Study on fetal cells is banned by law in many countries worldwide.
- Adult stem cells, found in mature tissues, are immobile and non-specialized cells. Adult SCs collaborate with new ones to replace dead cells and facilitate tissue regeneration. Nonetheless, they create a microenvironment for tissues, shield them from degeneration (destruction), and also have the capacity to self-renew and create mature cells. Hematopoietic stem cells, mesenchymal stem cells, and neural stem cells may be differentiated by multiple forms of SCs.
- Relevant antigens, which are a common cause of incompatibility between donor tissues and the recipient during transplantation, are still not generated. ESCs may be useful in managing retina degenerative disorders, retinal pigment epithelium pathologies, and optical neuropathies. Research on ESCs is banned at the regulatory level in many countries, as their extraction from the embryo interrupts its further production.





### **Patient Testimonials**



I couldn't be happier with this treatment. I'm always on my feet and my body takes a lot of abuse. I'm physically fit, but sometimes it doesn't look like it. I was skeptical at first, but the results have been incredible. I feel like I look and feel a decade younger. I can't thank SCCI enough for changing my life.

I am a 46-year-old man who is always on the lookout for a treatment that can give me back my youthful look. I have tried tons of treatments and products in the past and none of them have worked. I know I am not alone as a lot of people are in the same situation as I am. I was looking for a treatment that would help me get rid of my wrinkles, saggy skin and give me a younger look and I found it! I have undergone stem cell therapy and I have started to notice that my skin is tighter and firmer than before. I haven't noticed any side effects either.

I am a customer of Stem Cell Care India and came here for treatment to Look Fit. I got affordable treatment from the clinic. They are very professional, kind, and caretaking. I was able to get a stem cell treatment and I look young again. It's like a dream come true. I am very grateful to the clinic. I am very happy with the results. Thank you.

### **Improvement**



It's frightening to envision a life without a clear central goal, but there's reason to be hopeful. Doctors are also searching at ways to improve patients with this condition, and they're researching experimental therapies that may one day be used as a therapy. For instance, stem cell development is currently ongoing, with the potential to lead to a cure in the future.

Before these groundbreaking therapies become a reality, it's important to speak with an experienced doctor who will guide you through current procedures for the type of macular degeneration you have already. We have physicians available to work with you, and our doctors will use cutting-edge procedures to keep your eyes as healthy as possible. Patients' effects have changed as a result of stem cell therapy provided by Stem Cell Treatment India.

### **Our Promise**

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### **Post Treatment Care**

#### **Postoperative care**

The stem cell therapy does not damagingly affect patients in any way. Generally, the patients are permitted to leave after few hours after the completion of the stem cell treatment. A 24-hour patient hotline number is there for any inquiries after their discharge. The concerned physicians or surgeons of the clinic also stay in contact with their corresponding patients through telephone or email. By doing this, they can get the precise feedback about their progress and also suggest further recovery if required. Say for example, in case of a diabetic patient, after hearing about the patient's present symptoms, the concerned doctor can recommend the needed dosage of insulin.

#### **Treatment disclaimer**

It is an imperative fact to comprehend that stem cell treatment in every prospect has the ability to diminish symptoms of numerous diseases. It also has the aptitude of ceasing several degenerative procedures, but one should also know that this treatment may not work for all kinds of patients. StemCellCareIndia does not have the right of forecasting or warranting the success of this treatment.

In harmony to the current condition of a patient, the medical team of StemCellCareIndia might propose the stem cell transplantation or may even withdraw the treatment under abnormal situations. However, in any case, the approval of the patient is a must. Keeping the patient's current health condition and unforeseen health hazards in mind, the medical staff might propose an alternative stem cell transplantation process. In exceptional situations, they may entirely cancel the treatment.

#### How are the stem cells collected?

The bone marrow of a patient is obtained by a trained hematologist and an anesthesiologist. The bone marrow is extracted into syringes which are placed on the back and into the hip bones through the skin. It usually takes about 1.5 hours to extract bone marrow. Bone marrow is inserted on an out-patient basis under mild general anesthesia in a hospital setting. We get donated cords from healthy women. Our donors sign a document of consent, fill out a thorough survey and send a sample of blood. The blood and cord blood of mothers go into all-embracing checks for HIV, STDs, hepatitis, etc.

#### How do stem cells work?

Basically, stem cells are progenitor cells that are capable of replication and division into a specialized Catholic variety of cell types. Stem cells follow inflammatory impulses from damaged tissues until vaccinated and have several ways to restore these impaired parts. Via anti-inflammatory activity, immune modulating potential and the ability to promote regeneration, umbilical cord mesenchymal stem cells function and can be screened and picked.

The medication protocols vary according to the illness. The physical state of each patient and associated medical conditions are the determining factors and play a significant role. The remainder of the protocol is around 1-4 weeks long and also consists of 3-16 hours. The care protocols will usually be well looked at.

#### How long will it take to see results?

Each care is different from the other and each patient is special and different, there is no assurance that the effects will be as predicted or that any person will be treated the same way. It depends on the state of the particular patient. Immunity and regeneration capacity, which is the determining factor that helps to determine how fast the healing of the procedure can be observed. The patients say that some have demonstrated swifter progress within 6 months of returning home during the course of therapy. Any patients say that individuals have undergone progress within 6 months of going back home during the process of the therapy. There could be a scenario in which there is little change in the situation at all.







As a stem cell company at the cutting edge of Regenerative Medicine, Viezec is dedicated to developing technologies and protocols for safe and effective treatments utilising adult stem cells derived from the umbilical cord.

StemCellCareIndia offers a comprehensive range of stem cell solutions in India for the treatment of different kinds of diseases. Our main focus is helping people get back to good health through stem cell treatment. We have association with the leading hospitals, research institutions and medical colleges specialising in regenerative medicine to offer cost—effective healthcare.

Around the world, emerging technologies and advancements in stem cell therapies are driving major changes in healthcare. With the use of potent mesenchymal stem cells isolated from the tissue of umbilical cord, damaged cells are replaced by new cells. This makes the symptoms of the diseases disappear. We are passionate about the latest developments in stem cell therapies and strive to deliver safe and effective treatment options to patients' world over at the highest medical standards.

As the leading stem cell therapy company, StemCellCareIndia takes care of each and every section of the Medical Trip to New Delhi. We ensure our patients get the best healthcare service by bringing in place, the renowned multispecialty hospitals, latest stem cell treatments, economical accommodations and travel options for the patients.

#### **VISION**

Our vision is to provide effective healthcare services to patients all over the world fast and hassle-free. For this, we work closely with some of the best medical centres and research institutions in providing stem cell therapeutic solutions to our patients. Our work is to redesign and deliver the best treatment possible for the safe and fast recovery of patients and make their journey towards 'good health' as stress-free as possible.

#### **MISSION**

Our mission is to provide the international patients visiting in New Delhi, the satisfaction of best treatment for any kind of disease. The face of healthcare has changed over the years and so, have the healthcare costs. We have a professional team that takes care of every need of international patients, from appointment to accommodation. Through our network of internationally accredited hospitals and research clinics, we provide reliable and bespoke assistance. Seeing patients getting healthier and happier is what make us happy.

### **AGING & LONGIVITY**

Using stem cells to more effectually decelerate aging and reverse the signs of ageing is not a new idea, but it is now becoming better acknowledged in the general public. Here at the Viezec, we are thrilled to be assisting patients like you look and feel 20 years younger!

Stem cell anti-aging therapy is the most progressive and contemporary approach available for slowing, and even reversing, the ageing procedure in humans. Furthermore, anti-aging stem cell therapy helps fortify the remaining cells so they last longer. Eyeing for diverse skin rejuvenation therapy? You have come to the right place as stem cell therapy can be used for skin and face renovation. Aging is a very natural but astonishingly complex process everybody goes through as they get older. The course of aging is one where the cells of the body become gradually impaired over time because of normal wear and tear and exposure. Finally, those cells expire. Some cells are supplanted as they decease but it is never quick enough to compensate totally for the cells dying off. Thus, the signs of aging start to appear. New stem cells and related therapies are demonstrating to be very useful at slowing down or, in some circumstances, even



reversing this natural aging procedure. Stem cells have a unique regenerative and anti-aging effect that aids to repair organs, tissue sand cells that have been impaired by stress and/or exposure to toxins and contaminants. This is why stem cell therapy is one of the most focused and contemporary medical discoveries nowadays. Naturally, stem cell application helps embolden new healthy cell growth so the body stays healthy and sturdy, unlike old-style anti-aging technology and treatments that only treat the surface symptoms instead of the source of the problem.



# SUPPORTIVE THERAPIES

Viezec is unlike any other stem cell treatment provider in the world, the reason? Since its inception, we have been developing and enhancing our stem cell treatment protocols with the notion that stimulation via number of supportive therapies is essential to augment stem cell regenerative response. Our treatment methodology permits our patient to maximize their improvements. Learn more about the diverse therapies provided in our treatment practices.

#### **ACUPUNCTURE**

Acupuncture is a method in which practitioners stimulate particular points on the body – most often by inserting thin needles via the skin. It is one of the most effective practices used in old-style Chinese medicine. Acupuncture arouses nerve fibers to convey signals to the spinal cord and brain, stimulating the body's central nervous system. The spinal cord and brain then release hormones accountable for making us feel less pain while improving overall health. Acupuncture might also: upsurge blood circulation and body temperature, affect white blood cell activity (responsible for our immune function), decrease cholesterol and triglyceride levels and normalize blood sugar levels.

#### **EPIDURAL STIMULATION**

Epidural stimulation has aided preceding patients to recoup some voluntary motor function. The technology comprises of a device implanted in the epidural space which constantly delivers electric signals to the spinal cord. These electric signals mimic the ones that are delivered by the brain to voluntarily control the body's movements. The epidural stimulation device is offered by Medtronic.

#### **AQUA THERAPY**

Aquatic Physical Therapy is the practice of physical therapy in a specially designed water pool with a therapist. The exceptional properties of the aquatic environment augment interventions for patients with neurological or musculoskeletal conditions. Aquatic therapy embraces a widespread variety of techniques permitting patients to improve their balance, muscle strength and body mechanics. Aquatic therapy works to boost the rehabilitation process and support efficiency of stem cell treatment.

#### HYPERBARIC OXYGEN THERAPY

Hyperbaric Oxygen Therapy (HBOT) is the medical use of oxygen at a level upper than atmospheric pressure. The equipment necessary comprises of pressure chamber, which might be of rigid or flexible construction, and a means of supplying 100% oxygen into the respiratory system. Published research shows that HBOT upsurges the lifetime of stem cells after inoculation and offers an oxygen-rich atmosphere for the body to function at optimal levels.



#### **NERVE GROWTH FACTOR (NGF)**

Nerve growth factor (NGF) is a member of the neurotrophic factor (neurotrophin, NTFS) family, which can inhibit the death of nerve cells and has several features of typical neurotransmitter molecules. NGF plays an imperative role in the development and growth of nerve cells. NGF is synthesized and secreted by tissues (corneal epithelial, endothelial, and corneal stromal cells), and it can be uptaken by sympathetic or sensory nerve endings and then conveyed to be stored in neuronal cell bodies where it can encourage the growth and differentiation of nerve cells. NGF can exert neurotrophic effects on injured nerves and promote neurogenesis (the procedure of generating neurons from stem cells) that is closely related to the development and functional maintenance and darning of the central nervous system. It is also adept of encouraging the regeneration of injured neurons in the peripheral nervous system, improving the pathology of neurons and guarding the nerves against hypoxia (lack of oxygen)/ischemia (lack of blood supply).

## TRANSCRANIAL MAGNETIC STIMULATION

Research has shown that TMS can efficiently treat symptoms of depression, anxiety, neurological discomfort, stroke, spinal cord injuries, autism and more. This process is very simple and noninvasive. During the process, a magnetic field generator or "coil" is placed near the head of the individual getting the treatment. The coil produces small electrical currents in the area of the brain just beneath the coil via electromagnetic induction. This electrical field causes a change in the trans membrane current of the neuron which results in depolarization or hyper polarization of the neuron and the firing of an action potential.

#### **OCCUPATIONAL THERAPY**

Occupational therapy interventions concentrate on adapting the environment, revising the task and teaching the skill, so as to upsurge participation in and performance of everyday activities, predominantly those that are meaningful to the patient with physical, mental, or cognitive maladies. Our occupational therapists also focus much of their work on detecting and eradicating environmental barriers to independence and participation in day-to-day activities, akin to everyday life.

#### **PHYSIOTHERAPY**

Physical therapy or physiotherapy (often truncated to PT) is a physical medicine and rehabilitation specialty that, by using mechanical force and actions, remediates damages and promotes flexibility, function and quality of life via examination, diagnosis, prognosis and physical intervention. We combine our PT with stem cells for supreme physical rehabilitation improvements.

#### **NUTRITION THERAPY**

Medical nutrition therapy (MNT) is a therapeutic methodology to treat medical conditions and their related symptoms by the usage of a specifically tailored diet formulated and monitored by a specialist. The therapy targets at fixing nutritional inefficiencies and physiological imbalances so as to provide the best environment possible for the stem cells to develop appropriately as well as improving patient's general health.















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